ITCCCA Summer Clinic 2025

Thursday June 26, 2025: 3:30-7:30 PM Friday June 27, 2025: 9:00 AM to 1:00 PM St. Charles North High School, 255 Red Gate Road, St. Charles, IL 60175



Learn how MASTER COACHES work with all levels of athletes.

Each session will have three parts

- 1. Beginners. Watch the master coaches work with novice athletes in the events.
- 2. Intermediates: The master coaches develop skills with athletes that already have some experience with the events.
- 3. Elites: The master coaches take everything to the next level.

Coaches who attend will be able to nominate their own athletes to work with the master coaches! This clinic is open to any and all athletes! After you register, email Kevin.Harrington@d303.org and nominate athletes to attend the clinic to be coached by the master coaches. Include their level (novice, intermediate, or elite). Athletes selected will need to take care of a couple of details so that our presenters can stay NCAA Compliant.

Featuring

- Harry Marra: Coach Marra is best known for coaching decathlon world record holder Ashton Eaton. Among many other honors, Coach Marra has been named the USATF Nike Coach of the Year and the World Athletics Coach of the Year. In 2024 he was ranked at the top of the list of the 10 Best Track and Field Coaches at Sportsfoundation.org. He is known for his ability to teach athletes technique.
- Rvan Whiting: Coach Whiting is the throws coach at Arizona State University where he graduated in 2010. As a collegiate athlete he earned nine NCAA All-American Honors and six NCAA titles. Coach Whiting has earned four gold medals representing the United States and competed in the 2012 London Olympic Games.
- Jeff Boele: Coach Boele is trainer and coach based in Boulder Colorado and distance coaches may know him best as a coach that Jay Johnson frequently cites and shares. Coach Boele is a 1996 graduate of Sandburg and competed at Greenville College. After graduation he was named assistant coach Greenville and coached All-Americans in track before heading to Boulder Colorado.

Clinic Schedule

Session 1: Thursday June 26 from 3:30 to 7:30 PM.

Session 1A: Long Jump with Coach Harry Marra Session 1B: Discus with Coach Ryan Whiting Session 1C: Distance with Coach Jeff Boele

Session 2: Friday June 27 from 9:00 AM to 1:00 PM.

Session 1A: Pole Vault with Coach Harry Marra Session 1B: Shot Put with Coach Ryan Whiting Session 1C: Distance with Coach Jeff Boele

Single session is \$30. Both sessions for \$50 REGISTER HERE

There will be a social on Thursday evening at one of the local establishments in St. Charles. Location TBD.