TOP TEN Most Common Mistakes

you pick ‘em or add your own and

Stump the Chump (Mac)

1. **Can't turn on Left Foot at start** -
2. **Stalling in the Middle-can’t turn right foot**
3. **Throwing to the right**
4. **Can't throw discus flat...** Right edge is always higher..
5. **Blocking out in Delivery**
6. **Falling off to left in Delivery**
7. **Wobbly flight**
8. **Low throws**
9. **Fouling – can’t stay in the circle**
10. **Reversing too soon**
11. **No Hip drive into delivery**
12. **Rises up on Left Foot in Unwind**

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